



# Orthopädie Studies

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# Study MOS-Genu, Kutzner et al. 2011



- University medicine Berlin, Charité

# MOS Genu / Study of unload effect

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## Theme:

**The effect of valgus braces on medial compartment load of the knee joint – in vivo load measurements in three subjects.**

*In: Journal of Biomechanics, 44 (2011), S. 1354-1360*

## Assumption:

1. OA-Orthosis can unload the knee joint.
2. How



## MOS Genu / Study of unload effect

- Design: Pilot study
- Orthoses investigated:
  - MOS Genu (Bauerfeind)
  - Genu Arthro (Otto Bock)



# MOS Genu / Study of unload effect

- Number: n = 3
- Age [in a] 64 71 60
- Wight [kg] 103 96 96
- Tallness [cm] 177 175 175
  
- Time post-OP [month] 23 12 6
- Angle mechanische Achse 3°-Varus 4°-Varus 1°- Varus
  
- Orthoses: MOS Genu (Bauerfeind AG); Genu Arthro (Otto Bock)
- Data analysis: Varianzanalyse; level of significance 5%
  
- Measurement: 3 activities with (x) follow up: walking (30), go upstairs (5), go downstairs (5)
- Including Criteria:
  - Endoprosthesis after Osteoarthritis on medial compartment
  - free of pain
- Instrument of measurement: Endoprosthesis with sensors for measuring force and moment of torque

## MOS Genu / Study of unload effect

- Measuring instrument :  
Endoprosthesis with sensors  
for wireless measurement of  
force and moment of torque

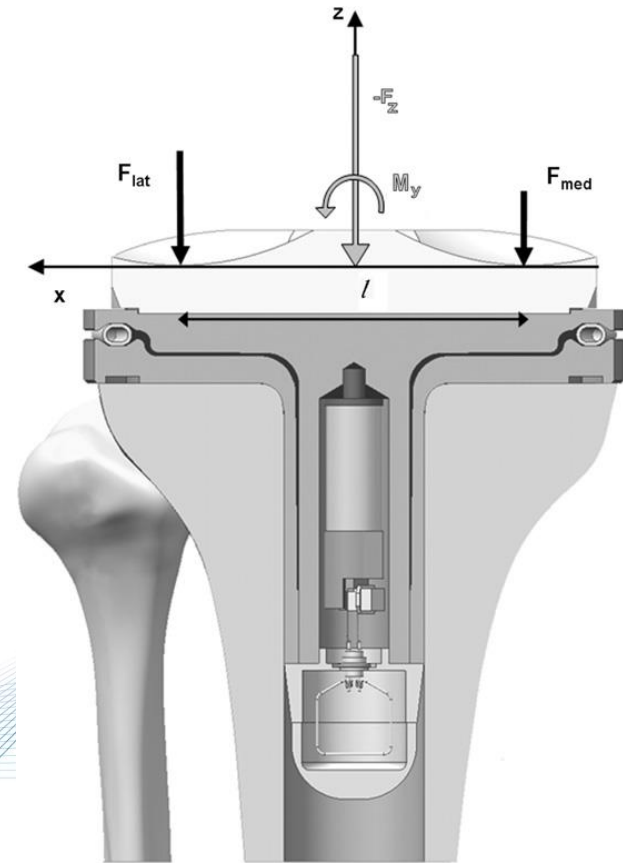
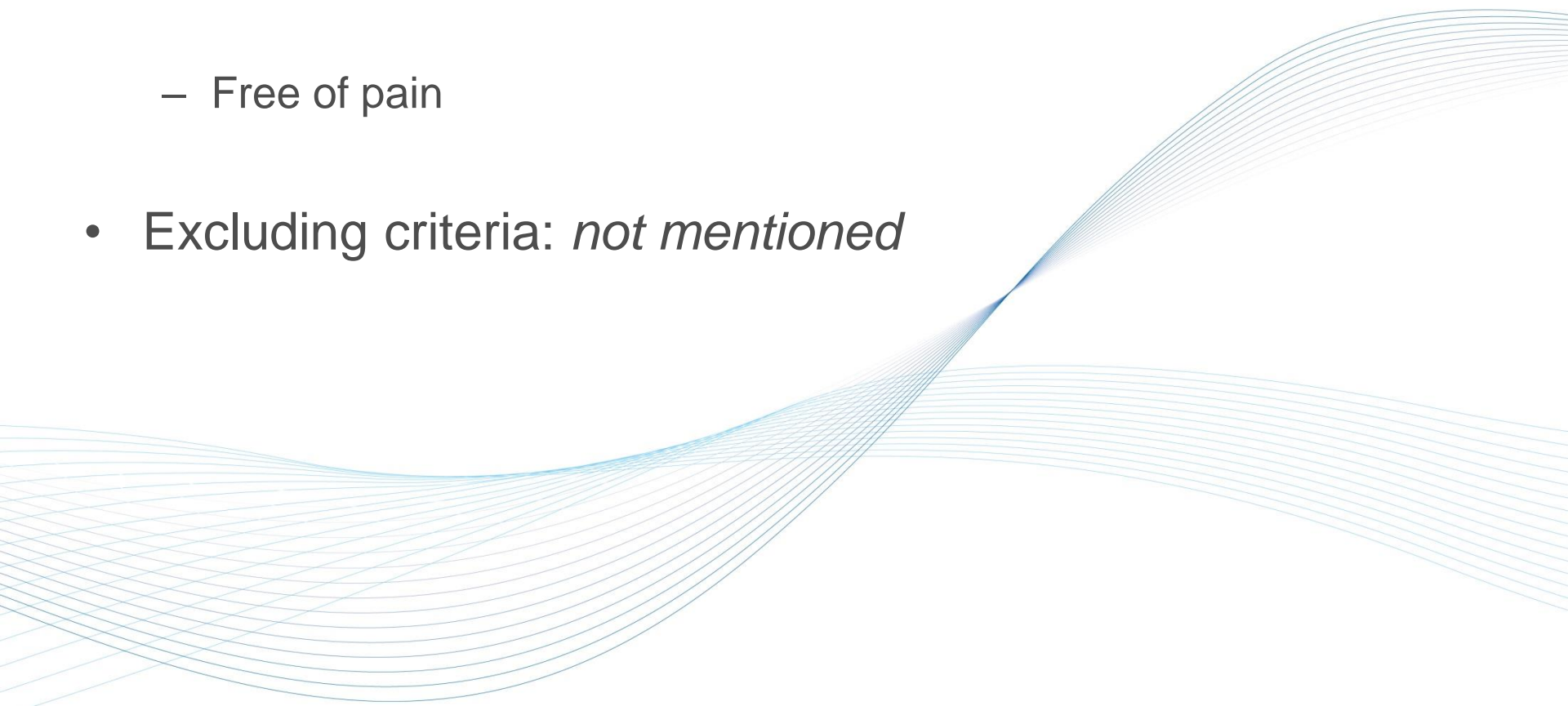


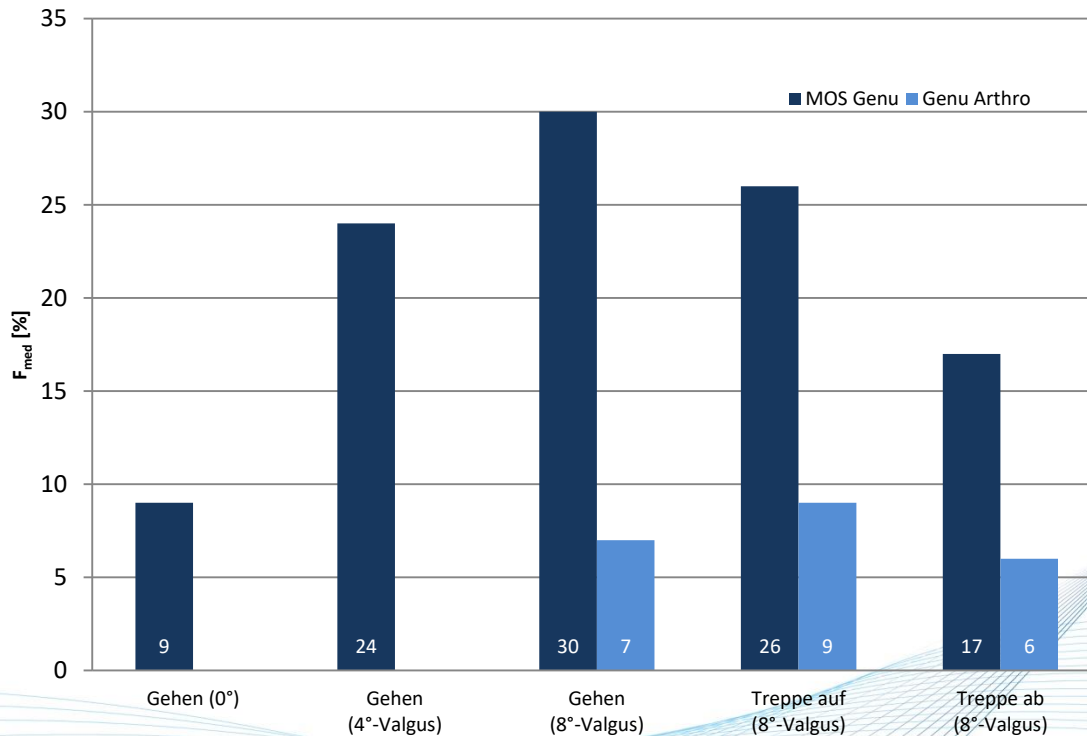
Abb.: INNEX FIXUC, total knee system, Zimmer

- Including criteria:
    - Endoprothesis after Osteoarthritis on medial compartment
    - Free of pain
  - Excluding criteria: *not mentioned*
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# Results:

## Reduktion on medial, axial force

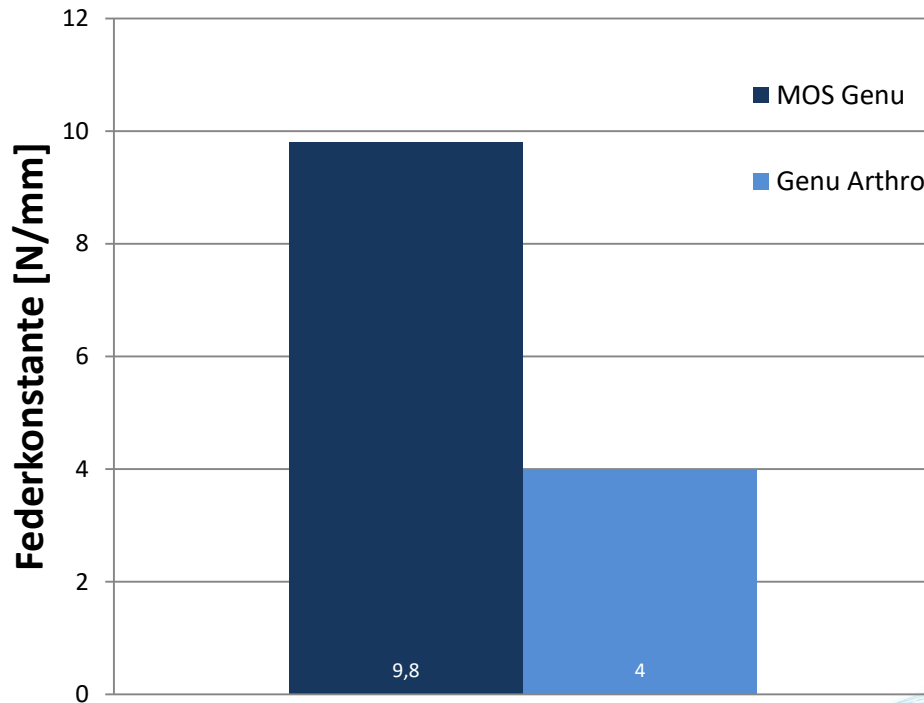
## MOS-Genu



- **Significant reduction on medial, axial force with MOS Genu.**
- **With MOS Genu , adjustment in neutral position (0°), a reduction of force of 9% is measured**
- **at 8° Valgus adjustment there is an unload effect of 30% (competitor 7%).**

# Stiffness [Measurement at 100 N load]

## MOS-Genu



- **MOS Genu shows a 2,5-fold increased stiffness on medial load**
- **With the as same adjustment, MOS Genu transfers more forces in valgus direction to the knee joint**





**Vielen Dank für Ihre Aufmerksamkeit.**  
*Thank you for your attention.*

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# Headline

## Subline

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- Arial 22 pt.
  - Arial 20 pt.
    - Arial 18 pt.
      - Arial 16 pt.
        - » Arial 14 pt.